

Chronic Obstructive Pulmonary Disease Worksheet

1. What type of COPD do I have? _____

2. How did you diagnosis my disease?

3. How severe is my disease? Mild/Moderate/Severe. _____
4. How fast will it progress and what can I expect?

5. If you still have problems with your breathing or with excessive coughing: Are there any other medicines that may help reduce symptoms and make me more comfortable?

6. What type of follow up do I require/When should I do my next pulmonary function test?

7. Do I need to see a lung specialist? _____

8. What medicines/treatments are we using to treat my symptoms? Do I need oxygen?

9. What non-drug treatment options should I be using such as exercise/pulmonary rehabilitation?

10. Should I get a pneumococcal vaccine/flu vaccine?
