

Dementia Worksheet

1. What type of dementia do I have? Could I have a reversible form of dementia?

2. How did you diagnosis my disease?

3. How severe is my disease/How fast will it progress/Can I expect any improvement?

4. What type of follow up do I require/How often should I follow up/Do I need to see a neurologist/psychiatrist?

5. What medicines/treatments are we using to treat my disease? Do I need medicines to control my behavior?

6. What non-drug treatment options should I be using such as exercise/supplements?

7. Am I safe to live independently? _____
8. What community services/support groups would be helpful?

9. Should I see a psychiatrist and or neurologist? _____
10. Do I have depression? _____
11. Is my disease likely to be passed down to my relatives?
