

Parkinson's Disease Worksheet

1. How sure are you about my diagnosis?

2. Are there any specific exercises I should be doing?

3. Are there any support groups?

4. Did you screen me for depression?

5. Did you screen me for dementia?

6. Are there any other medicines or treatments to help control my disease?

7. What lifestyle interventions are appropriate for improving my quality of life?

8. Should I see a neurologist?
